# Treatment of Progressive Esotropia Caused By High Myopia <br> A New Surgical Procedure Based on Its Pathogenesis 

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# Definition of Progressive Esotropia Caused by High Myopia 

$\square$ Presence of high myopia with an axial length sometimes greater than 30 mm .

- Abduction and sursumduction are limited, and the forced duction test is positive.
$\square$ Leads to esotropia fixus in some cases.


## Coronal MRI Scans of Case 2



## 3-D Reconstruction from MRI



## Summary of Patients

| Case No. | Sex | Age at <br> Surgery <br> (years) | Onset <br> (years) | Previous <br> Surgeries* | Axial Length <br> $(m m)$ |  | Maximum Angle <br> of Abduction <br> (deg.) |  | Angle of <br> Deviation <br> (deg.) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $F$ | 53 | 38 | $R R$ | 32.37 | 32.12 | -70 | -70 | +140 |
| 2 | $F$ | 58 | 35 | $R R, T r$ | unknown | 34.64 | -70 | -70 | +140 |
| 3 | $F$ | 70 | unknown | none | 27.86 | - | -67 | - | +67 |
| 4 | $F$ | 66 | 51 | $R R$ | - | 29.89 | - | -15 | +35 |
| 5 | $F$ | 45 | 40 | none | 35.53 | 34.63 | -40 | -20 | +40 |
| 6 | $F$ | 62 | 14 | $M R R, T r$ | 30.30 | - | +5 | - | +31 |

* RR: recession and resection, Tr: transposition of SR \& IR, MRR: medial rectus recession


## Possible Surgical Procedures

1. Recession and Resection
2. Recession of the MR
3. Transposition of the $L R$ and $M R$
4. Superior Fixation of the $L R$
5. Junction of the SR and $L R$

# Case 4: Joining the SR and LR After Splitting (into halves) 



## Variables to Evaluate the Results of Surgery

1. The degree of dislocation of the eyeball out of the muscle cone (angle of dislocation)
2. The maximum angle of abduction
3. The angle of ocular deviation

## Measuring the Angle of Dislocation of the Eyeball



## Preoperative



Postoperative

The center positions were measured with Scion Image $\circledR$ ® software.

## Decrease of the Angle of Dislocation

 (deg)

## Measuring the Maximum Angle of Abduction



## Improvement of the Max. Angle of Abduction



## Case 1

## Preoperative



Postoperative (52 days after surgery)


## Case 2

## Preoperative



Postoperative OS (69 days after surgery)


## Case 6

## Preoperative



Postoperative OD (52 days after surgery)


## Case 5: Photographic History of Surgery



5 Feb 1999 MR recession OU

21 Sep 1999 SR-LR (split) OD

5 Nov 1999 SR-LR (whole) OS
(split): Junction of split muscles (whole): Junction of whole muscles

## Case 5: Changes of Ocular Deviation over Time



Esotropia reappeared 3 months after bilateral MR recession

## Improvement of the Angle of Deviation

 (deg)

## Conclusions

$\square$ A surgical procedure to bind the superior and lateral rectus muscles was effective in improving the ocular motility and deviation in esotropia caused by high myopia.
$\square$ This procedure worked by restoring the dislocated eyeball back into the muscle cone.

## Conclusions

$\square$ Recession of the medial rectus muscle may not always be necessary for treating esotropia caused by high myopia.
$\square$ Resection of the lateral rectus muscle is best avoided, because it can facilitate dislocation of the eyeball out of the muscle cone.

