Treatment of Progressive Esotropia Caused By High Myopia A New Surgical Procedure Based on Its Pathogenesis

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(Dept. of Ophthalmology, Osaka Ekisaikai Hospital) Hitoshi Tabuchi, MD, Kunihiko Shiraki, MD and Tokuhiko Miki, MD (Dept. of Ophthalmology, Osaka City University Medical School) Definition of Progressive Esotropia Caused by High Myopia

Presence of high myopia with an axial length sometimes greater than 30 mm.

Abduction and sursumduction are limited, and the

forced duction test is positive.

Leads to esotropia fixus in some cases.

# Coronal MRI Scans of Case 2





# Summary of Patients

Case No.	Sex	Age at Surgery	Onset (years)	Previous Surgeries*	Axial Length (mm)		Maximum Angle of Abduction (deg.)		Angle of Deviation
		(years)			R	L	R	L	( <i>acg.</i> )
1	F	53	38	RR	32.37	32.12	-70	-70	+140
2	F	58	35	RR, Tr	unknown	34.64	-70	-70	+140
3	F	70	unknown	none	27.86	-	-67	-	+67
4	F	66	51	RR	-	29.89	-	-15	+35
5	F	45	40	none	35.53	34.63	-40	-20	+40
6	F	62	14	MRR, Tr	30.30	-	+5	-	+31

\* RR: recession and resection, Tr: transposition of SR & IR, MRR: medial rectus recession

## Possible Surgical Procedures

1. Recession and Resection

2. Recession of the MR

3. Transposition of the LR and MR

4. Superior Fixation of the LR

5. Junction of the SR and LR

### Case 4: Joining the SR and LR After Splitting (into halves)



# Variables to Evaluate the Results of Surgery

 The degree of dislocation of the eyeball out of the muscle cone (<u>angle of dislocation</u>)

2. The maximum angle of abduction

3. The angle of ocular deviation

# Measuring the Angle of Dislocation of the Eyeball



PreoperativePostoperativeThe center positions were measured with Scion Image® software.

## Decrease of the Angle of Dislocation



Preoperative

*Postoperative* 



*Red circles illustrate the range of duction movements for normal subjects.* 

# Improvement of the Max. Angle of Abduction



Preoperative

*Postoperative* 

Case 1

#### Preoperative



Postoperative (52 days after surgery)



Case 2

#### Preoperative



#### Postoperative OS (69 days after surgery)



Case 6

#### Preoperative



#### Postoperative OD (52 days after surgery)



# Case 5: Photographic History of Surgery

5 Feb 1999

8 Feb 1999



20 Sep 1999

21 Oct 1999

25 Nov 1999



5 Feb 1999 MR recession OU

5 Nov 1999 SR-LR (whole) OS

(split): Junction of split muscles(whole): Junction of whole muscles

### Case 5: Changes of Ocular Deviation over Time



Esotropia reappeared 3 months after bilateral MR recession

## Improvement of the Angle of Deviation



### Conclusions

A surgical procedure to bind the superior and lateral rectus muscles was effective in improving the ocular motility and deviation in esotropia
caused by high myopia.

This procedure worked by restoring the dislocated eyeball back into the muscle cone.

### Conclusions

Recession of the medial rectus muscle may not

always be necessary for treating esotropia caused by high myopia.

Resection of the lateral rectus muscle is best avoided, because it can facilitate dislocation of the eyeball out of the muscle cone.